

# WHERE TO GO

## WHEN YOU NEED MEDICAL ATTENTION

Your Primary Care Physician (PCP) office is your Medical Home and is the first place to call with any health care needs and questions. Your physician has your history and is often able to help you.

### PRIMARY CARE PHYSICIAN



**Reasons to see your Primary Care Physician include:**

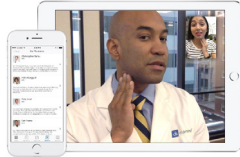
- Chronic Conditions like:*
- Hypertension/High Blood Pressure
  - Diabetes/High Blood Sugar
  - High Lipids/Cholesterol
  - Heart Disease
  - Arthritis
  - Depression

- Acute Conditions like:*
- Headache and/or fever
  - Urinary tract infection
  - Minor injuries
  - Low back pain

- Coordination of Care*
- After Hospital, Skilled Nursing Home or Home Health Discharge
  - After ER Evaluation

- Benefits of visiting PCP*
- Low copay for most plans
  - Medical history is available
  - Established relationship with your physician and clinical staff

### DOCTOR ON DEMAND



**Reasons to use a video visit with a physician include:**

- Cough, cold or flu
- Minor strains & sprains
- Bronchitis & sinus infection
- Skin & eye issues
- Upset stomach
- Urinary tract/bladder infections
- Rashes
- Pediatric issues
- Psychological issues
- Visit with a licensed therapist

*Benefits of using Doctor On Demand:*

- Low copay and 24/7 hours
- Board certified physicians
- Licensed psychologists
- Use smartphone or tablet
- Available throughout U.S.
- Use when PCP/EHCC are unavailable to you

**Download the app from the App Store on your smartphone or tablet today!**

### EXTENDED HOURS CARE CENTER



**Reasons to visit an Extended Hours Center include:**

- Acute minor trauma
- Cough, cold or flu
- Strains & sprains
- Minor allergic reactions
- Immunizations
- Low back pain
- Placement of stitches for a cut/laceration
- Removal of stitches
- Urinary tract/bladder infections

*Benefits of visiting an Extended Hours Care Center:*

- Multiple locations in Brevard County with physicians and advanced practitioners
- WorkForce Wellness rider is accepted
- Same-day appointments
- Shorter wait time
- Significant savings over ER

*If your local FHCP Extended Hours Care Center is closed, please consider visiting the nearest FHCP participating Urgent Care Center.*

### EMERGENCY ROOM



**Reasons to visit the Emergency Room include:**

- Any life-threatening emergency
- Any severe illness or injury
- Unresponsiveness
- Chest pain
- Weakness on one side
- Inability to speak
- Spine or head injury
- Mental status change
- Difficulty breathing
- Uncontrolled bleeding
- Poisoning



FLORIDA HEALTH CARE PLANS  
**EXTENDED HOURS CARE CENTERS**  
 BREVARD COUNTY

**SOME REASONS TO VISIT  
 EXTENDED HOURS CARE CENTER**



vs.



**SOME REASONS TO VISIT  
 THE EMERGENCY DEPARTMENT**

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**VISITING AN EXTENDED HOURS CARE CENTER OVER THE EMERGENCY ROOM CAN SAVE YOU TIME & MONEY!**

**MedFast Urgent Care - Cocoa Beach**

275 W. Cocoa Beach Cswy.  
 Cocoa Beach, FL 32931  
 321-799-7777  
 Open 7 days a week/ 8 a.m. - 7 p.m.

**MedFast Urgent Care - Port St. John**

5005 Port St. John Pkwy.  
 Port St. John, FL 32927  
 321-633-8620  
 Open 7 days a week/ 8 a.m. - 7 p.m.

Avoid unnecessary, costly Emergency Room visits, and save time by using an Extended Hours Care Center (EHCC). EHCC locations offer same-day appointments and are conveniently located throughout the community.

**MedFast Urgent Care - Melbourne**

7925 N. Wickham Rd., Ste. A  
 Melbourne, FL 32940  
 321-751-7222  
 Open 7 days a week/ 8 a.m. - 7 p.m.

**MedFast Urgent Care - Rockledge**

1400 Rockledge Blvd.  
 Rockledge, FL 32955  
 321-735-8960  
 Open 7 days a week/ 8 a.m. - 7 p.m.

For additional questions, please contact Member Services

**Commercial Members:** 386-615-4022 or 1-877-615-4022 (TTY: 1-800-955-8770). 8:00 a.m.- 8:00 p.m. local time, Monday- Friday.

**MedFast Urgent Care - Melbourne**

206 E. New Haven Ave.  
 Melbourne, FL 32901  
 321-802-3311  
 Open 7 days a week/ 8 a.m. - 7 p.m.

**MedFast Urgent Care - Titusville**

3045 Columbia Blvd A108  
 Titusville, FL 32780  
 321-268-6822  
 Open 7 days a week/ 8 a.m. - 7 p.m.

**Medicare members:** 1-833-866-6559 (TTY: 1-800-955-8770), 8:00 a.m.- 8:00 p.m. local time, 7 days a week from October 1- March 31, except for Thanksgiving and Christmas. From April 1 – September 30, our hours are 8:00 a.m.- 8:00 p.m. local time, Monday- Friday.

**Restore Health Urgent Care - Palm Bay**

1840 Eldron Blvd., SE, Ste. 1  
 Palm Bay, FL 32909  
 321-312-4580  
 Mon.-Fri.: 8 a.m. to 8 p.m.  
 Sat. & Sun.: 8 a.m. to 5 p.m.

**MedFast Urgent Care - Titusville**

1840 S. Washington Ave.  
 Titusville, FL 32780  
 321-268-6822  
 Open 7 days a week/ 8 a.m. - 7 p.m.

For a complete list of Urgent Care centers, please visit:

**Commercial Members:**

[www.fhcp.com/providersearch](http://www.fhcp.com/providersearch)

**Medicare members:**

[www.fhcpmedicare.com/providersearch](http://www.fhcpmedicare.com/providersearch)



HMO coverage is offered by Florida Blue Medicare, Inc., DBA FHCP Medicare, an Independent Licensee of the Blue Cross and Blue Shield Association. FHCP Medicare is administered by Florida Health Care Plan, Inc.

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**WE SEE HEALTH CARE FROM A DIFFERENT POINT OF VIEW - YOURS!**

386-676-7110 | [wellness@fhcp.com](mailto:wellness@fhcp.com)